

NOVEMBER 2023

ICHIBAN KARATE & FITNESS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
5	6	7 Election Day Kid's Camp 9am-3:30pm	8	9	10	11 <i>Ichiban closed for classes</i> Ichiban Marches in the Veteran's Day Parade 10am
12	13	14	15	16 Teen Game Night 6:30-7:30pm	17	18
19	20	21	22 No Regular Classes <i>Closed for Thanksgiving Break</i>	23 Happy Thanksgiving! Thanksgiving Fitness at 6am	24 Black Friday Kid's Camp 9am-3:30pm	25
26	27	28	29	30	1	2 QQS 9am-12pm



Athlete Camp - 9am - 3:30pm



Games Camp - 9am - 3:30pm