

MARCH 2024

ICHIBAN KARATE & FITNESS

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|----------|--|---------|-----------|--|----------------------------------|---|
| | | | | | 1 | 2 <i>Modified Schedule</i> <i>*see weekly shoutout</i> |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 <i>Modified Schedule</i> <i>*see weekly shoutout</i> QQS 11am - 2pm |
| 10 | 11 White Belt Workshop 4:45p-5:15p | 12 | 13 | 14 Ninja & Dragon Parent Workshop 4:15pm | 15 | 16 Black Belt Physical Test 1pm |
| 17 | 18 | 19 | 20 | 21 | 22 Game Night 5:30p-8:30pm | 23 STORM Team & Junior Instructor training 12:00pm |
| 24 31 | 25 | 26 | 27 | 28 | 29 | 30 |